

Name : Kylie Hollonds

Date: 3/11/2008

Apples

Oranges

Banana

Strawberry

Watermelon

Mango

Lemon

Kiwifruit

Grapes

Peaches

Pears

Mandarines

Pineapple

Passionfruit

Cherries

Plums

Pawpaw

Apricot

Sultanas

Raisins

Grapefruit

Rockmelon

Honey Dew Melon

Prunes

Dates

Lychee

Nectarines

Limes

Fish

Shellfish

Calamari

Salmon

Tuna

Fish oil Capsules

Beer

Red Wine

White Wine

Vodka

Whiskey

Bourbon

Rum

Gin

Brandy

Tea

Coffee

Ovaltine

Milo

Choc Quik

Drinking Choc (Cadbury)

Ginger Ale

Coke

Diet Coke

Pepsi Max

Sprite-Lemonade

Fanta (Orange)

Dandelion Tea

Chamomile Tea

Peppermint Tea

Green Tea

Ribeena

Red Cordial

Cranberry Juice

Apple Cider Vinegar

Malt Vinegar

Salt (refined table)

Celtic Salt (sea salt)

Rock Salt (McCormick)

Herbemare Vege Salt

Pepper (black and white)

Cayenne Pepper

Tomato Sauce (Fountain)

Tomato Paste (Leggo's)

B.B.Q. Sauce (MasterFoods)

Soy sauce

Worcester sauce

Horseradish sauce

Mustard

Praise Traditional Mayo.

Gravox

Vegemite

Promite

Nutella

Beef Stock (Magi)

Chicken Stock (Magi)

Chicken Stock (Massel)

Beef Stock (Massel)

Vegetable Stock (Massel)

Vanilla (pure)

Curry Powder

Mint Sauce

Ginger

Chilli

Garlic

Mixed Spice

Cinnamon

Nutmeg

Butter

Margarine (Flora)

Margarine (Soya)

Margarine (Nuttalex)

Cream

Cows Yoghurt

Soy Yoghurt

Cows Cheese

Goats Cheese

Soy Cheese

So-Good

Vitasoy

Aussie Soy

So Natural

Tofu

Goats Milk

Rice Milk (Rice Dream)

Rice Milk (So-Natural)

Carnation Milk

Condensed Milk

Skim Milk

Full Cream Milk

Ice Cream (PetersVanilla)

Eggs

Sesame

Sunflower

Pumpkin

Linseed (flax seed oil)

Potato

Tomato

Capsicum

Eggplant

Cabbage

Cauliflower

Brussell Sprouts

Mushroom

Broccoli

Silverbeet

Zucchini

Celery

Lettuce

Rocket

Pumpkin

Peas

Carrot

Onion

Beetroot

Cucumber
Turnip
Button Squash
Snow Peas
Mung Beans
Beans
Asparagus
Alfalfa sprouts
Sweet Potato
Avocado
Corn
Shallots
Parsley
Buckchoy
Choysum
Wombok
Leeks
Olives
Beef
Pork
Lamb
Chicken
Bacon
Ham
Turkey
Rice Bran Oil
Olive Oil
Grape Seed Oil
Sunflower (Crisco)
Red
Blue
Green
Yellow
Almonds
Cashews
Hazel

Brazil
Pistachio
Macadamia
Walnut
Pecans
Pine Nuts
Mixed Herbs
Rosemary
Basil
Chives
Coriander
Oregano
Season-All
White Bread
Wholemeal Bread
Multigrain Bread
Rye Flour
White Flour
Wholemeal Flour
Cornflour [wheat free]
Mountain Rice Bread
Bi Carb Soda
Corn Thins
Rice Thins
Lavash Bread [Bazaar]
White Rice
Brown Rice
Lentils
Chick Peas
Kidney Beans
Split Peas
Rolled Oats
Oat Bran
Coconut
Baked Beans (Heinz)
Spaghetti (Heinz)

Pasta (Durham Wheat)
Hokkien Noodles
Rice Noodles
Cornflakes
Rice Bubbles
Oat Brits
Sultana Bran
Vita Brits
Weet Bix
Nutrigrain
Crunchy Nut
Just Right
White Sugar
Raw Sugar
Brown Sugar
Manuka Honey
Stevia
Splenda
Honey
Maple Syrup
Golden Syrup
Carob
Chocolate (Darrell Lea)
Chocolate (Lindt)
Chocolate (Nestle)
Chocolate (Cadbury)
Chocolate (Dove)
Liquorice
Fly Spray
Aeroguard
Newspaper Ink
Bleach
Sard Wonder Soaker
Nappisan
Talcum Powder
Morning Fresh

Palmolive Dish Liquid
Pine-O-Cleen
Domestos
Wool Mix
Omo
Dynamo
Bio Zet
Cold Power
Radiant
Cuddly Fabric Softener
Fluffy Fabric Softener
Baby Shampoo (Johnsons)
Head and Shoulders
Pantene
Wella Balsam
Palmolive Shower Milk
Lux Body Wash
Mum Deodorant
Dove Deodorant
Rexona Sport Deodorant
Crystal Stick Deodorant
Body Choice Natural Deod
Dove Soap
Sunlight Personal Soap
Grants Herbal Toothpaste
McLeans (all types)
Colgate (all types)
Sensodyne
Gillette Shaving Foam
Nivea Shaving Gel
UV Tripplegard Sunscreen
Banana Boat Sunscreen
Mercury
Silver
Aluminium
Gold
Mixed Feathers

Wool

Cotton

Polyester

Heron paracetamol

Panadol paracetamol

Mersyndol

Panadine

Aspro

Nurofen

Codral (cold & flu)

Inner Health Plus

Cigarette Smoke